

SALLY HIRST ARTIST & TUTOR

Confident Composition Supply List

The links and sizes are for UK/EU but all items are universal! There is a handy guide [HERE](#) to help you convert.

Sketchbook & Papers

I recommend an A3 sketchbook. But A4 would be fine or you can use loose sheets of a good 140gm paper, and collate them at the end of the course. A ring-bound is best as you will be gluing in collages and a ring-bound one will give you more room! My favourite UK ones are by [Artway Enviro](#), but a [CANSON MIXED MEDIA](#) is similar.

- Tracing paper, a pad of A3 or loose sheets. I recommend 90gm as its less likely to rip.
- An A4 pad of thin paper around 80g. Marker paper absorbs less paint but copy paper is fine - [70gsm bleed-proof marker paper](#), or [here](#)
- Two A2 sheets of heavy weight paper any type, but a minimum of 220gsm
- Card to make viewfinders, any substantial smooth card will be fine. I use mountcard (matboard) An A3 sheet will be sufficient, you could use cereal packets!
- One silicone sheets used in baking, [silicone release paper](#) or heat transfer paper. This is optional but I will be showing you an effective dry technique for gluing down papers. You will need GLOSS medium if you wish to try it.

Pens

- Thick chisel tip felt pens; at least one black and one mid value grey. I like the W&N [ProMarkers Neutral Set](#), or Touchnew set of Cool Greys.

I filmed the course using the W&N and whilst they are great they are alcohol based so will leak through to the other side of your sketchbook? You can always glue two pages together or use the next page for collage. But if that is a concern then look for water based pens, often called waterbrushes pens. Good makes are TOMBOW, LYRA AQUA BRUSH, and ECOLINE by TALENS. I do find the blacks on the water based pens are not as dense as I like so a POSCA in BLACK would be better.

- White pens, [Posca](#) are my favourite but I have a video [HERE](#) showing alternatives.

Paint & Ink

- Black (or black gesso)
- White (or white gesso)
- 3 x primaries of your choice
- Black indian ink or acrylic ink like Golden High Flow

Sundries

- Brushes; I use a 1" brush, no need for anything smaller!
- Masking tape (low tack) I use Frog, Tesa and Kleenedge brands
- Pencil
- Craft knife
- Cutting mat
- Gloss or Matte Medium/PVA/Glue Stick